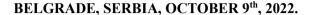
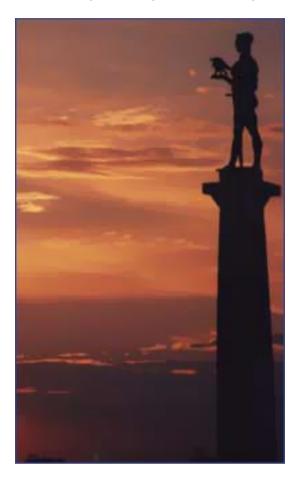


WELCOME:

The President of the Organizing Committee and the Belgrade body building and fitness federation, Mr. Aleksandar Đorđević, invites invites competitors to participate in the IFBB AHILEJ BELGRADE OPEN 2022 to be held in:





"The sky above Belgrade is wide and high, unstable but always beautiful; even during winter serenities with their icy splendour; even during summer storms when the whole of it turns into a single gloomy cloud which, driven by the mad wind, carries the rain mixed with the dust of panonian plain; even in spring when it seems that it also blooms, along with the ground; even in autumn when it grows heavy with the autumn stars in swarms. Always beautiful and rich, as a compensation to this strange town for everything that isn't there, and a consolation because of everything that shouldn't be there.

But the greatest splendour of that sky above Belgrade, that are the sunsets. In autumn and in summer, they are broad and bright like desert mirages, and in winter they are smothered by murky clouds and dark red hazes. And in every time of year frequently come the days when the flame of that sun setting in the plain, between the rivers beneath Belgrade, gets reflected way up in the high celestial dome, and it breaks there and pours down over the scattered town. Then, for a moment, the reddish tint of the sun paints even the remotest corners of Belgrade and reflects into the windows, even of those houses it otherwise poorly illuminates."

Written about Belgrade by: Ivo Andrić, Serbian Nobel prize laureate.

BELGRADE

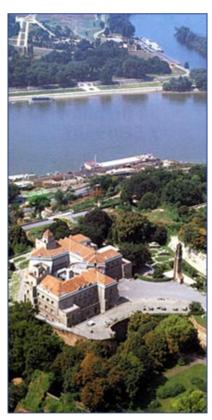
Belgrade is situated in South-Eastern Europe, on the Balkan Peninsula. It lies at the point where the river Sava merges into the Danube, on the slope between two alluvial planes. The river waters surround it from three sides, and that is why since ancient times it has been the guardian of river passages. Because of its position it was properly

called "the gate" of the Balkans, and "the door" to Central Europe. Along the ridge of the slope, from Kalemegdan, along the Knez Mihailova street, across Terazije to Slavija, stretches the main city traffic artery.

Belgrade is the intersection of the roads of Eastern and Western Europe which lead through the Morava-Vardar valley and Nišava-Marica valley to the shores of the Aegean Sea, to Asia Minor and to the Middle East. Belgrade lies on the Danube river, the sailing route, which connects the Western Europe and Central Europe countries with the countries of South-Eastern and Eastern Europe. By the construction of the artificial lake and the Derdap power station, Belgrade became a

river and sea port. The ships from the Black Sea sail to its docks, and with opening of the Rhine-Main-Danube canal, Belgrade came to the center of the most important sailing route in Europe: The North Sea - Atlantic - Black Sea route.

There are almost 300 cultural monuments within the territory of Belgrade, among which 57 are of utmost



and significant importance for the culture of Serbia and Belgrade. Three spatial cultural-historical ensembles (Knez Mihajlova Street, Topčider and area around Dositej's Boarding School and the archaeological finds Belo Brdo in Vinča have been proclaimed the values of extraordinary importance, and three spatial ensembles (Gročanski bazaar - Bulevar Oslobođenja, Kosančićev Venac, old nucleus of Zemun) and two remarkable locations (Bojčin's Forest and Commemorative Cemetery of Belgrade Liberators 1806) of great importance for the culture. The institutions for protection are responsible for some twenty archaeological finds throughout the City area.

As for the facilities proclaimed natural treasures, the ones of major importance are: Belgrade Fortress, Saint Archangel Michael Cathedral Church, Thumb of the Unknown Soldier on Avala, Monument at the death spot of despot Stefan Lazarević (Crkvine near Mladenovac), Cemetery of Belgrade Liberators, late Roman Tomb in Brestovik, Log-built church in Vranić, Birth Home of Voivode Stepa Stepanović, Palace of the Duchess Ljubica, Captain Miša's Edifice. The beauty of Belgrade squares and public gardens in ten town municipalities is supplemented by 192 monuments and 237 sculptures. About 70 monuments and works of sculpture are located in the outlaying municipalities.

THE VENUE





CULTURE CENTER VLADA DIVLJAN, MITROPOLITA PETRA 8, BELGRADE

PARTICIPATION

Please be aware that it is FULL RESPONSIBILITY AND OBLIGATION OF THE CLABS to verify if each one of the athletes to be registered on this event are NOT suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level.

All posing music must be on an audio CD or USBflash. The posing music must also be at the start of the CD. Each competitor must affix his name on the CD for easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance to IFBB rules. Any tanning which can be wiped off is not allowed.

You will receive your tags for athletes and coaches at the registration.

REGISTRATION

Official Athlete Registration and weigh-in will be conducted at the VENUE place in the CULTURE CENTER VLADA DIVLJAN, October 9th, 2022, from 11:00 till 14:00 hrs.

All competitors must provide their posing music (on CD, with one track) at weigh-in. All posing music must be on an audio CD or USB flash. The posing music must also be at the start of the CD. Each competitor must affix his/her name on the CD for easy identification.

The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

All Athletes must wear their posing attire during the weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance to IFBB rules. Any tanning which can be wiped off is not allowed.

You will receive your tags for athletes and coaches at the registration.

REGISTRATION FEE:

Each participating athlete will have to pay a registration (participation) fee of EUR €100 at the Registration in Venue place, on October 9th, 2022.

Categories open at the 2022 IFBB Ahilej BELGRADE OPEN 2022 - Belgrade, Serbia:

Men's Bodybuilding Junior - OPEN	Women's Physique - OPEN	
Men's Bodybuilding Masters - OPEN	Men's Classic physique – OPEN	
Women's Fitness Junior - OPEN	Men's Physique - 180 cm	
Women's Fitness - OPEN	Men's Physique + 180 cm	
Women's Body fitness - OPEN	Men's Body Classic - 180 cm	
Women's Wellness - OPEN	Men's Body Classic + 180 cm	
Women's Bikini Junior - OPEN	Men's Bodybuilding - 80 kg.	
Women's Bikini - do 166	Men's Bodybuilding - 90 kg.	
Women's Bikini + 166	Men's Bodybuilding + 90 kg.	
	Men's Bodybuilding - OVERALL	

AWARDS

Top three athletes in each category will be awarded with medals. Top six athletes in each category will be awarded with a Certificate of Excellence. Winer and overall winner will have a trophy and a cash prize.



JUDGES:

At the competition sudiće IFBB Judges u skladu sa the IFBB Rules.

BACKSTAGE ACCESS/DRESSING ROOM ACESS:

Access to the backstage area/dressing room shall be strictly limited to the essential personnel only. Coaches and trainer who assist athletes in the dressing room must be of the same sex as the athlete they are assisting.

CAMERAS/VIDEOTAPES:

Cameras and videotapes shall be strictly prohibited in the backstage area/dressing room except when used by dully recognized press personnel.

PRESS ACCREDITATION:

Any press representatives that wish to obtain press accreditation for this event have to register upon arrival and contact the Organization Committee.

TANNING:

THE IFBB HAS BANNED ALL TANS THAT CAN BE WIPED OFF. AN OFFICIAL WILL CHECK THE TAN OF ALL ATHLETES BACKSTAGE AND IF THE TAN COMES OFF BY SIMPLY WIPING, THE ATHLETE WILL BE TOLD TO REMOVE THE TAN BEFORE GOING ON STAGE.

SECRETARIAT:

The Organizing Committee will have a desk in Venue place, on October 9th, 2022. You may obtain information and assistance from the Secretariat when required.

IFBB Serbia General Secretary dr Predrag Bicanin serbiaifbb@gmail.com Mob. +381603303031



<u>IFBB AHILEJ BELGRADE OPEN</u> Belgrade, Serbia, October 9th, 2022.

TENTATIVE SCHEDULE		
October 8th, 2022. – Saturday		
	Arrivals delegates and athletes	
October 9th, 2022. – Sunday		
11:00 - 14:00	Official Athlte Registration, Weigh-in	CULTURE CENTER VLADA DIVLJAN
15.00	IFBB AHILEJ BELGRADE OPEN 2022	CULTURE CENTER
15:00	Opening Ceremony	VLADA DIVLJAN
October 10th, 2022. – Monday		
	Departure of competitors and delegates	