











THE 4th MDS FINESS OPEN GOLD GRAND PRIX



Kid's Fitness • Kid's Fitness Challenge (mini level) Junior Fitness Aerobatic • Junior Fitness Artistic Junior, Senior and Master Fitness Challenge (silver level)

INSPECTION REPORT

KID'S FITNESS, KID'S FITNESS CHALLENGE, JUNIOR ACROBATIC AND ARTISTIC FITNESS 4th OPEN GOLD GRAND PRIX

Knjaževac, Serbia, May 16th - 18th 2025

WELCOME: The President of the Organizing Committee *Mr. Milan Djokić*, Mayor of Knjaževac, invitesall National Federations – members of the IFBB – to participate in the

KID'S FITNESS, KID'S FITNESS CHALLENGE, JUNIOR ACROBATIC AND ARTISTIC FITNESS 4th OPEN GOLD GRAND PRIX

that will take place in Knjaževac, Serbia on May 16th - 18th 2025



Serbia has connected West with East for centuries – a land in which civilizations, cultures, faiths, climates and landscapes meet and mingle. It is located in the center of the Balkan Peninsula, in southeastern Europe. The northern portion belongs to central Europe, but in terms of geography and climate it is also partly a Mediterranean country. Serbia is landlocked but as a Danube country it is connected to distant seas and oceans. Serbia is a crossroads of Europe and a geopolitically important territory. The international roads and railway lines, which run through the country's river valleys, form the shortest link between Western Europe and the Middle East.

From the agricultural regions of the Pannonia Plain in the north, across the fertile river valleys and orchard-covered hills of Šumadija, the landscape of Serbia continues southward, gradually giving way to mountains rich in canyons, gorges and caves, as well preserved forests. Serbia's beautiful mountains, national parks, rivers and lakes are the perfect location for an active outdoor holiday – from hunting and fishing to extreme sports.

Many times during its rich, centuries-long history, Serbia has been at the center of Europe's and the world's attention, out of all proportion to its modest size, economic might and number of inhabitants.



Knjaževac area is settled during prehistoric times, the evidenced of this are settlements of Baranica, Škodrinopolje, Dubrava, etc., horseman cave drawing in Gabrovnica and other archaeological findings. The ancient chronicler Pliny (II century AD) records this territory as a part of the Roman province of Moesia in which live Mezi people, Thracians, Dardanians, Tribals, Timahs, who had been formed, in symbiosis with the Slavic tribes, the local

Many lessons on bravery, patriotism and the struggle for freedom can be learned wherever you turn in Serbia, as you pass through its cities and regions. The cultural and historical heritage of Serbia begins with pre- historic archaeological sites and its legacy from classical antiquity. Perhaps its greatest riches, though, are in the many mediaeval Serbian churches and monasteries, some of which are included on the UNESCO World Heritage list. All year round, numerous cultural, entertainments, traditional and sporting events are held in Serbia, demonstrating the creative power and spiritual vitality of this country. Today, Serbia is a modern, democratic European country, on the path to membership of the European Union, which a diverse range of visitors – from young backpackers to participants in congresses and fairs – visit every day.

Roman fort Timacum Minus, near village of Ravna, with excavated walls, parts of the civilsettlement, the rich necropolis, explains the history of the period of Knjaževac area until the Middle Ages. Inthe town were found the remains of the other famous, Late Roman town, Timacummaius.

In the Roman road map from the IV century Knježevac was written under the name of TimacMaiori, a settlement that is built on the foundations of the fortress VelikiTimok on the Zdanije hill (the present church, "St. George").

From the period of medieval century are towns Ravna and Koželj, Church of the Virgin in GornjaKamenicaandHolyTrinityMonasteryinDonjaKamenica, which werebuiltintheXVcentury,andthefirst track of the name Gurgusovac. In some older literature this place were called Kolumbija, it comes from the Latin word columba, meaning pigeon and a true translation is Golubac. This term has no archaeologicalor written confirmation. In the same time with this name was used, for a long time, name Gurgusovac. This name is mentioned in the Turkish census from 1455. Country legend says that this is the name given by Grivas pigeons.

The Turks conquered this area 1396 and annexed it to Vidinskipašaluk. From the time of the Turkish rule there is little information from this area. Records from the VII century precisely recorded Gurgusovac as a military fort with palisades and cannon, with 46 Turkish and 120 Christianhomes.

First Serbian Rebellion came in Knjaževac area at 1807 when HajdukVeljkoattackedGurgusovac, but he could not conquer it until the Serbian-Russian victory in Malajnica. After the Serbian defeat in Čegar, Turks again conquered Gurgusovac. With the capitulation of Serbia 1813, capitulated Gurgusovac, which was again, connected Vidinskipašaluk, until the liberation from the Turks and its association to Serbia 1833. The town inherited Gurgusovac Tower, the prison for political prisoners, known as "The Serbian Bastille". The tower was burned by order of Prince MilošObrenović, so in his honor, the citizens changed the name of town to Knjaževac in 1859.

Difficult economic situation after the war and new taxes for railroad Belgrade - Niš and formilitary weapons, as well as immediate political situation in the country, led to a revoltTimočkabunain 1883.

The immediate cause of therevolt was collection of weapons from the national army and the rebellion swept Knjaževac and Knjaževacdiscrict in October 1883. and one of the initiators of the rebellion was AcaStanojević from Knjaževac.

People from Knjaževac were good fighters through all the wars that affected this region, as the Serbo-Bulgarian War, Balkans, and World War I. During the withdrawal of Serbian military in1915 they were particularly emphasized in the battles for the defense of Belgrade. XIV regiment within the Second Armyin breakthrough of Salonika Front in 1918 in crossed the Drina river as the vanguard and it first came to Sarajevo, and reached the Adriatic Sea. After the war flag of the XIV regiment was awarded by Karadjordje Star.

The period between the two wars will be remembered by people who live in Knjaževac in the sign of the development of the municipality, opening of different craft shops and workshops, as well as the industry's first capacity: tanneries, brick wine cellar, so that Knjaževac gets all the elements of the urban environment.

World War II in Knjaževac started with demonstrations against the signing of the pact of Associa- tion of Yugoslavia with the Tripartite Pact on March 25/27, 1941 and the occupation of the 11th April 1941 by Germany and the occupation of Budžak by Bulgaria. After a long battle with the Bulgarians and Germans, Knjaževac was finally released on October 10th, 1944.

The rapid development started in 1960 when they started clothing industry "BrankaDinić", shoe factory "Leda", tractors and machinery industry IMT, Timok furniture industry "Tina", a wine cellar became the "Džervin".

From all of this we can say that the period since 1970.until 1985 were the most important in current development of Knjaževac in all elements of economic and social development. During this period, some buildings which are the symbols of Knjaževac were erected, namely: the Cultural Center, Health Center, Kindergarten, and kindergarten network, several apartment blocks, and, as for the cultural community of Knjaževac is best known one national festival, the Festival of Youth Culture of Serbia, which was established 1962 and continues until today.



GEOGRAPHICAL DATA

Knjaževac municipality is located in eastern Serbia, near the border with the Republic of Bulgaria and it is part of the Timok region. The municipality covers an area of 1202 km² and it is the fourth largest in the Republic of Serbia. As ignificant part of Knjaževaci spart of the hilly-mountainous region.

The highest point on the municipal territory is Midžor on StaraPlanina mountain (2169 m a.s.l.), which is the highest peak in the Republic of Serbia. The lowest point is 176 m above sea level and it is located in Knjaževac valley. The municipality includes 86 settlements, 85 villages and one town. The town itself is situated on the composition of TrgoviškiTimok and SvrljiškiTimok which make up BeliTimok, which runs to Zajecar and together with the CrniTimok makes the Timok. The Timok Region is named by that river.

In Knjaževac live 37,172 inhabitants, 19,705 in the town (data from the last census in 2002). The average population density is 31 inhabitants per km², which is classified as a sparsely populated municipality.

Knjaževac is connected with other cities and towns by road and rail traffic. Distance from other cities: Belgrade 280 km, Zaječar 40 km, Niš 60 km, Prahovo - Danube 110 km, Sokobanja 41 km, Pirot 64 km, Sofia 147 km.

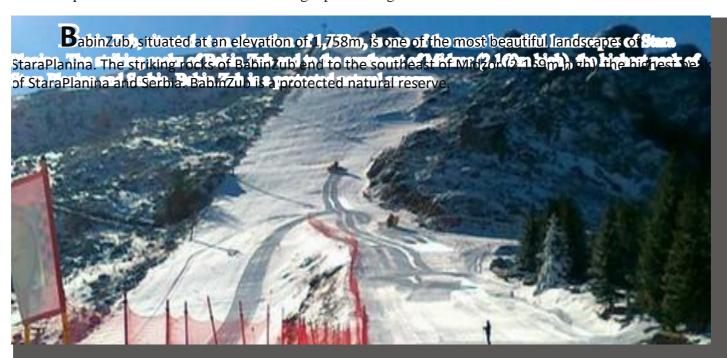


TOURISM

Knjaževac, with its ski resort BabinZub offers opportunities for tourism and sports events. Its picnic areas are set in areas of natural beauty (like Banjica, Baranica etc.), places for rest and recreation. The 14th-century Church of the Holy Mother of God lies in the nearby village of DonjaKamenica. In 2014 Knjaževac was chosen as the outstanding destination in Europe. (Project EDEN Network)



Located near the town of Knjaževac, StaraPlanina is the largest mountain in eastern Serbia. This high mountain range of fascinating beauty and unspoiled nature is a natural border with Bulgaria. A one of the most beautiful mountains in our country, StaraPlanina has vast potential for the development of tourism. This mountain is a natural resource of extraordinary importance as falls into first category natural resources. This belle is covered in snow for almost five months a year. Being between 1,100 and 1,900m high, it has excellent potential for the construction of long alpine skiing runs.



ACCOMMODATION:

There are three hotels available for accommodation, HOTEL "TIMOK", "MALI PREDAH" "BARKA" and hostel "DOM UČENIKA". All of them are located near the venue.

The cost of accommodation for athletes and delegates is **NOT INCLUDED** in the registration fee of EUR € 100. Tickets for the Prejudging/ Finals and Farewell Banquet, as well as a Lunch Packet for May 17 th are included in the registration fee. Each participant bears the costs of accommodation and food and must reserve accommodation in one of these four facilities of his choice. If the participant wants help from the organizer regarding the accommodation reservation, he should send a request to the following email: apolon1975knjazevac@gmail.com

ADDITIONAL DELEGATES AND SUPORTERS: A special package has been arranged by the Organizing Committee as follows: 2-night hotel accommodations, including 2-night hotel accommodations (May 16th and 17th) in double room, with breakfast, lunch packet at venue site, banquet, tickets for the Prejudging/Finals and Farewell Banquet on May17th and Breakfast on May 18th. The price of this package is EUR €120 in a double room per person. This package will also apply to journalists and photographers and can be purchased upon arrival.

PLEASE NOTE: Reservation, booking and all costs for the hotel accommodation, traveling, transport from and to the airport and meals are the responsibilities of the national federations or individual athletes. Check with your National Federation for more information.

HOTELS:

GARNI HOTEL "MALI PREDAH"

Address: Mile Julinog 4, 19350 Knjaževac

Phone: +381(0) 19 739 100

E-mail: mali.predah@mts.rs

Web adress: malipredah.com



Situated in Knjaževac, this hotel is 1.1 km far from the Culture Center where Gold Grand Prix will be held. "Mali Predah" offers a breakfast, lunch and dinner to guests, depending on guest's needs. The Guest house Mali Predah also features a restaurant and a bar. Guestrooms also feature cable TV, Wi-Fi, internet connection, telephone line. 2-bed rooms, 3-bed rooms, 4-bed rooms and apartments are available. Parking is also available for guest's cars.

Restaurant "Mali Predah"exists and works from 1983. For almost a quarter of century of existing, from modest restaurant at the beginning, it grew up into the object which can offer top services in food and accommodations

today. This restaurant of modern look has two restaurants ball-rooms. The smaller one has capacity for one hundred seats and the bigger one able for five hundred seats.

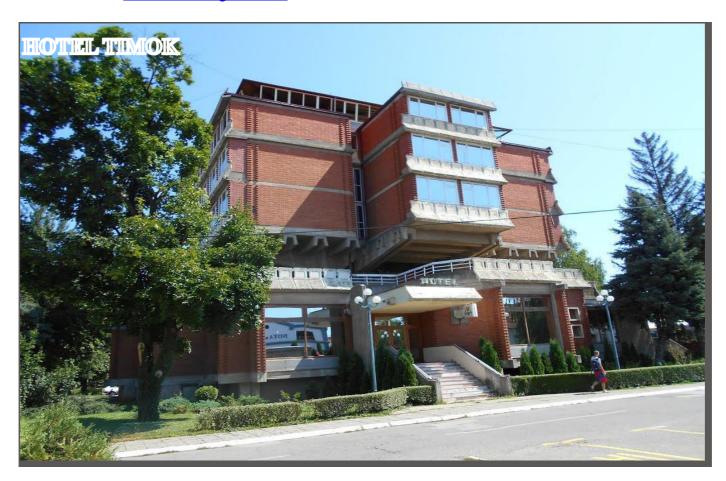
Beside excellent accommodation there is a fulfill menu, which offers different kind of food and drinks, and cooks of "Mali Predah" are famous in their cooking skills. Beside traditional meals of Serbian kitchen, in this restaurant you can also try local specialties and of course, all of that goes with top services and nice and kind staff of "Mali Predah".

HOTEL "TIMOK"

StevanaMokranjca 1,

Phones: +38119 300108, 109, 110 or +38169 734511, 069 730460

E-mail: timokselecta@gmail.com



Hotel "Timok" is located in the city park. It has a restraint and a tavern with a big terrace that can ocuppy 200 seats. Every room has a TV, inter- net – WiFi, bathroom. Hotel offers double rooms, double rooms with an extra bed and apartments. Hotel is especially good for accommodation of sports team considering that it's only 100 meters away from the Culture Center of Knjaževac.





STUR "BARKA" Address: Kadijskikrst bb E-mail: surbarka@ptt.yu

Phones: +38119 73 12 22; +38119 73 24 95

BARKA konak is located on the outskirts of Nis - Knjaževac direction at 300 meters from the pool. It has a large nice garden and a pleasant ambiance. The hotel has a two banquet halls with total capacity of 1200 seats, and is suitable for all types of celebrations, conferences, lectures and cultural events. It is located near the city pool and is suitable for sports teams in the preparatory activities. Unspoiled nature of Stara Planina and hunting grounds in the vicinity of Knjaževac are a paradise for hunters. BARKA Residence offers comfortable accommodation. BARKA Residence has142 beds in rooms with telephone, TV with satellite channels, fridge and bathroom, as well as 5 suites with Jacuzzi tub. The guesthouse is located in billiards, table tennis room and a moderngym.



HOSTEL DOM UČENIKA

Address: Капларова 10, 19350 Књажевац Phones: +38119733 142; +38119730 106

Accommodation service (Hostel): Vesna +38164 831 49 28

E-mail: duss.knjaz@mts.rs



PLEASE INFORM YOUR ATHLETES BEFORE DEPARTURE NOT TO CREATE ADDITIONAL EXPENSES FOR YOUR FEDERATION.

Venue site: Knjaževac Sports Hall Kaplar



IMPORTANT ARRIVAL AND CHECK- IN NOTICES COMPETITOR NOTIFICATION

Once the Entry List from a National Federation has been received and accepted, an official e-mail will be sent confirming your participation in the 4 th Open Kid's Fitness and Challenge Gold Grand Prix.

We strongly encourage you to register early and make the appropriate arrangements to compete in the event in Knjaževac.

CATEGORIES FOR KID'S FITNESS, KID'S FITNESS CHALLENGE, JUNIOR ACROBATIC AND ARTISTIC FITNESS 4th OPEN GOLD GRAND PRIX:

• Kid's Fitness:

Fitness Girls Up To 7 years

Fitness Girls 8 years

Fitness Girls 9 years

Fitness Girls 10 years

Fitness Girls 11 years

Fitness Girls 12 years

Fitness Girls 13 years

Fitness Girls 14 years

Fitness Girls 15 years

Fitness Boys Up To 10 years

Fitness Boys from 11 to 15 years old

• Junior Women's Acrobatic Fitness:

Junior Women's Acrobatic Fitness 16 -20 years. One open class Junior Women's Acrobatic Fitness 16 - 20 years. One open class

• Junior Women's Artistic Fitness One open class

• Kid's Fitness Challenge:

FITNESS CHALLENGE MINI:

(Girls and Boys) 6-10 years

FITNESS CHALLENGE GIRLS:

Class A 11-13 years

Class B 14-15 years

FITNESS CHALLENGE BOYS:

Class A 11-13 years

Class B 14-15 years

AWARDS

• Winners in each category will be awarded with a trophy, medal and Certificate of Excellence. The others in the first six will receive medals and certificates.

PARTICIPATION

The contest is open for IFBB-affiliated National Federations from the Balkans. Participation in this

Competition is unlimited. The IFBB and the organizer will also accept the participation of competitors from outside the Balkan region if their National Federation registers them and the organizer receives the approval of the IFBB for the participation of any competitor who has expressed a desire to participate in the 8 th Open Balkan Cup and 4 th Kid's Fitness Gold Grand Prix.

Registration of athletes will only be considered if they are entered by the National Federation of the athlete by sending the FINAL LIST with their names directly to the Organizer.

Please be aware that it is FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION to verify if each one of the athletes to be registered on this international event is NOT suspended or fulfilling any period of ineligibility due to Anti - Doping Rule Violation or any disciplinary case at national or international level.

It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are actually fulfilling a period of ineligibility due to Anti - Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any event either at National or International level, Official or Invitational.

REGISTRATION

Official Athlete Registration will be run on Friday, May 16th,2025, from15:00 till 21:00 at the venue (Knjaževac Culture Center, Branka Radicevica1Street .

It is the responsibility of the chief delegate or team leader to make sure that the athletes are on time. Any athletes who are late will not be accepted to participate

All posing music must be on an audio CD only. The posing music must also be at the start of the CD. Each competitor must affix his/her name on the CD for easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

Each athlete participating in the event will be provided with a competitor identification card at the Registration.

This identification card allows daily admission to the venue.

REGISTRATION FEE

The Organizer of the event in Knjazevac will not accept any direct registration from athletes.

This Final Entry List will only be considered if it is sent by the National Federation of the athlete and directly to the Organizer,

Registration fee of EUR &100 per athlete and delegate will have to be paid ONLY at the REGISTRATION that will take place on May 16th, 2025 at the Knjazevac Culture Center!

The cost of accommodation is NOT INCLUDED in the registration fee. Tickets for the Prejudging/Finals and Farewell Banquet, as well as a Lunch Packet for May 17th are included in the registration fee.

CORRESPONDENCE/CONTACT INFORMATION

PLEASE SEND ALL FINAL ENTRY LISTS AND CORRESPONDENCE TO:

<u>apolon1975knjazevac@gmail.com</u>, majadjukicradosavljevic@gmail.com, **contact@ifbb.com** amichalak5@gmail.com

CONTACT PHONE NUMBERS: +381 69 155 0974 (MilanVuckovic) and +381694462826 (MajaDjukićRadosavljević)

The contest is open for all IFBB-affiliated Balkan National Federations. Participation in this Competitionis unlimited.

Registration of athletes will only be considered if they are entered by the National Federation of the athlete by sending the Final Entry List with their names directly to the Organizing Committee.

Please be aware that it is FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION to verify if each one of the athletes to be registered on this international event is NOT suspended or fulfilling any period of ineligibility due to Anti - Doping Rule Violation or any disciplinary case at national or international level.

It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are actually fulfilling a period of ineligibility due to Anti - Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any event either at National or International level, Official or Invitational.

Visas:

Avalid passport is required to enter Serbia. Citizens of 72 countries don't need visa to enter Serbia up to 90 days. Detailed information for each country available here: http://www.mfa.gov.rs/en/consular-affairs/entry-Serbia/visa-regime

 ${f F}$ or more information contact the Serbian Embassy in your country, please.

An Official Letter of Invitation will be made available if required.

It is National Federations responsibility to obtain an entry visa for the country organizing the Championship. All National Federations could ask Competition Organizer for an Invitation letter. The invitation letter does not mean you are granted your visa. Competition Organizer are not responsible of attendant's visas. To receive invitation letter, the applicant should forward a copy (scan) of passport to the Competition Organizer.

If the visa is not granted, the Cancellation Policies for the championship will still apply.

An athlete, who requested and received an invitation from the Organizing Committee for visa purposes and used this visa to unlawful stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.

Official language:

The official language is Serbian, but English is widely used. The staff of hotels, travel agencies and shops with who the visitors will be in contact will speak English.

Time difference:

The time in Knjaževacis UTC+2 (Central European Summer Time Zone)

Currency:

The official currency in Serbia is Serbian Dinar (RSD) 1 EUR = 117 RSD (as for Januar 2025).
Current rates at:https://www.xe.com/currency/rsd-serbian-dinar/

Climate:

During May average temperature in Serbia is 22,5°C.

Electric Current:

220 V, 50 Hz, plugs/sockets of type C and F (two round prongs) Airport arrivals:

The Organizing Committee will organize your transport from Belgrade, Sofia or Nis International Airports at your arrival. It is very important that every Federation provides their details to the Organizing Committee, including the number of people in their delegation. Your cooperation is essential in order to ensure adequate transportation of your team.

Transport from airports: Transport from the Nikola Tesla Airport,Belgrade (300 km awayfrom Knjaževac) will be provided by the organizer: we will have 8 passenger vans waiting for you. Transportation price depends on number of passengers per van:

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7 or 8 passengers – EUR €55 per person – two way ticket
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- 6 passengers EUR €60 per person two way ticket
- 5 passengers EUR €75 per person two way ticket
- 4 passengers EUR €90 per person two way ticket
- 3 passengers EUR €125 per person two way ticket

Transportation price if you are arriving on the Sofia Airport, Bulgaria (170 km away from Knjaževac):

- 7 or 8 passengers EUR €30 per person two way ticket
- 6 passengers EUR €35 per person two way ticket
- 5 passengers EUR €45 per person two way ticket
 - 4 passengers EUR €50 per person two way ticket
 - 3 passengers EUR €70 per person two way ticket

Nikola Tesla Airport, Belgrade, and Sofia Airport, Bulgaria are international airports and as such shouldcover destinations all over the world.

 ${f T}$ ransportation price if you are arriving at the airport in Nis (65 km away from Knjaževac):

- 7 or 8 passengers EUR €13 per person two way ticket
- 6 passengers EUR €15 per person two way ticket
 - 5 passengers EUR €20 per person two way ticket
 - 4 passengers EUR €25 per person two way ticket
 - 3 passengers EUR €33 per person two way ticket

NisConstantine the Great Airporthas regular air traffic from the following destinations:

Basel, Switzerland Malmö, Sweden Dortmund, Germany Berlin, Germany Istanbul, Turkey

Transport request needs to be sending to email: apolon1975knjazevac@gmail.com

Passport/Music:

All competitors must provide their passports and music (on audio CD, with one track) at weigh-in, failing which the competitor will not be registered and will not be allowed to compete.

Parade of Nations:

All delegates are reminded that the dress code for the Parade of Nations is the official IFBB uniform.

Judges:

To be taken into consideration during selection of judges panels at the competition, IFBB International Judges (as well as test - judges) must be included in the Final Entry List sent by National Federations.

IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judge's fee of EUR €50 paid for 2025.

All judges must be present at the Team Managers and Judges Meeting. Any judge absent at this Meeting will not be allowed to judge at this competition.

If any of the above conditions hasn't been met, judges will be unable to carry out their duties at the competition.

National Anthem:

All participating National Federations must bring the music of their national anthem on a CD with them to Knjazevac. This must be on a separate CD to any posing music.

Backstage Access/Dressing room access:

Access to the backstage area/dressing room shall be strictly limited to the essential personnel only.

Coaches and trainer who assist athletes in the dressing room must be of the same sex as the athlete they are assisting.

TANNINGG

THE IFBB HAS BANNED ALL TANS THAT CAN BE WIPED OFF. AN OFFICIAL WILL CHECK THE TAN OF ALL ATHLETES BACKSTAGE AND IF THE TAN COMES OFF BY SIMPLY WIP- ING, THE ATHLETE WILL BE TOLD TO REMOVE THE TAN BEFORE GOING ON STAGE.

Press accreditation:

Any press representatives that wish to obtain press accreditation for this event have to register upon arrival and contact the Organization Committee.

Official Athlete Registration:

Official Athlete Registration will take place in the Knjaževac, Culture Center, Branka Radicevica 1. on May 16th, from 15:00 till 21:00. It is the responsibility of the chief delegate or team leader to make sure that the athletes are on time. Any athletes who are late will not be accepted to participate.

Secretariat:

The Organizing Committee will have a desk in the lobby of the Knjaževac Culture Center on May 16th and 17th, 2025. You may obtain information and assistance from the Secretariat when required.

Flight reconfirmation:

For the reconfirmation of your flight, you may seek the assistance of the Secretariat. Please reconfirm your flight upon arrival at the Knjaževac Culture Center, to avoid last minute problem.

Final Entry Lists:

Please return the FinalEntryList with the names of the members of your team NO LATER THAN MAY,13, 2025. Please indicate the category of your athletes in the Final Entry List. Your co-operation is essential to ensuring your accommodations at the Hotels, and assuring adequate transportation for your team.

Please send all correspondence to:

Organizing Committee Mr. Milan Vucković, E-mail: apolon1975knjazevac@gmail.com Cell: + 381 69 155 0 974,

Mrs. Maja Djukić Radosavljević E-mail: majadjukicradosavljevic@gmail.com Cell: +381 69 44 62 826

> IFBB Head Office: Ms. Daria E-mail: contact@ifbb.com

IFBB Technical Committee Eng. Andrew Michalak amichalak5@gmail.com

Consequences of failure to cooperate with the contest organizer:

Failure to cooperate with the contest organizer is contrary to the IFBB code of Ethics and will result in the offending national federation having to pay all of their expenses, with no guarantee of accommodation at the official hotel. If the preliminary and/or the final entry form is not submitted on time to the organizing committee the double amount of the participation fee will be charged as a fine to the offending national federation.

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TENTATIVE SCHEDULE OF ACTIVITIES

The following schedule of activities is tentative and is therefore subject to change. Please check regularly for updates.

May 16 sport activity (registration & weight-in) will be held at the Knjaževac Culture Center, B.Radicevica

May 17 sport activity (Championships)) will be held at the Knjaževac Sports Hall "Kaplar".

Friday, May, 16^{6h}, 2025

08:00 - 16:00: Arrival of National Teams and check-in - Knjaževac Culture Center

15:00 – 21:00: Official Athlete Registration (weigh-in) – Knjaževac Culture Center

16:00 – 17:00: Team Managers & Judges Meeting – Knjaževac Culture Center

Saturday, May, 17th, 2025

07:00 – 09:00: Breakfast in the hotel where you are accommodated

11:00 – 14:00 - Kid's and Senior Fitness Challenge and Kid's

Fitness Prejudging and Finals – Knjazevac Sports Hall "Kaplar"

14:00 - 14:30: Lunch at the Sports Hall Kaplar

16:30 – Opening of the Championships, award ceremony
Prejudging and Finals in Sports Hall "Kaplar" Lole Ribara 12

. 22:00: Farewell Banquet in Culture Center

Sunday, May, 18th, 2025

7:30 - 10:00: Breakfast

10:00 - 12:00: Departures of delegations