



IFBB PRO
CARD
3 IFBB PRO CARDS

IFBB 9TH OPEN BALKAN CUP

AND 5TH KID'S FITNESS GOLD GRAND PRIX

May 8 – 11 2026. Knjaževac, Serbia



Poštovani gospodine predsedniče/generalni sekretaru, dragi sportisti.

Nadam se da Vas ovaj email nalazi u dobrom zdravlju i uspešnim aktivnostima.

Obaveštavamo Vas da će se za nešto više od mesec dana održati 9. Open Balkan Cup i 5. Kids Fitness Open Gold Grand Prix u Knjaževcu, Srbija, od 9. do 11. Maja 2026. godine.

Pored takmičara iz Balkanskih zemalja, članova IFBB-a, svi takmičari iz drugih zemalja koji iskazu želju za učešćem na ovim takmičenjima, a koji su registrovani od strane svoje Nacionalne Federacije, člana IFBB-a, i uz odobrenje IFBB-a, imaju pravo da učestvuju!

Ovaj put, na 9. Open Balkan Cup-u, biće dodeljene 3 Elite Pro kartice ukupnim pobednicima u kategorijama: Men's Bodybuilding, Men's Physique i Bikini Fitness.

Veoma je važno da dovedete svoje najsnažnije i najkompletnije timove kako bismo zajednički omogućili da 9. Open Balkan Cup i 5. Kids Fitness Open Gold Grand Prix postanu što jači i značajniji, kako bismo zajedno doprineli razvoju našeg sporta u Evropi i Balkanu i pomogli da ova takmičenja zauzmu još značajnije mesto na IFBB kalendaru.

U prilogu ćete pronaći Inspekcijski Izveštaj i Finalne prijavnice obrazce za 9. Open Balkan Cup i 5. Kids Fitness Open Gold Grand Prix. Molimo Vas da Finalne prijave svojih takmičara i delegata pošaljete što pre, najkasnije do naznačenog roka (7. Maj), kako bi organizator mogao adekvatno da obezbedi smeštaj za sve učesnike.

Takmičari koji se ne prijave do tog roka, a žele da učestvuju na 9. Open Balkan Cup-u i 5. Kids Fitness Open Gold Grand Prix, mogu se registrovati na dan zvanične registracije, u subotu, 9. Maja! Registracija će biti u Kulturnom centru u Knjaževcu, u maloj sali ovog centra, i počinje u 15:00 i traje do 21,00 časova.

Ukoliko imate bilo kakvih pitanja u vezi sa ovim takmičenjima, slobodno se obratite na mail: apolon1975knjazevac@gmail.com.

Verujući da ćete pozitivno odgovoriti na naš poziv i da ćete brojno učestvovati sa svojim timom, povećati značaj i uspeh ovih takmičenja, šaljemo Vam naše najbolje želje i radujemo se susretu sa Vama u Knjaževcu, Srbija.

Za organizatore 9. Open Balkan Cup i 5. Kids Fitness Open Gold Grand Prix,

Milan Vučković

INFO: apolon1975knjazevac@gmail.com

Mobil/Viber + 381 69 155 0 974 / +381 69 1952 509

Važno: Za sve naše takmičare iz Srbije kotizacija iznosi 100eu po takmičaru!



Categories open for the 2026 Open Balkan Cup

	DISCIPLINE	CATEGORY
1	Men's Bodybuilding	Up to & including 70 kg
2	Men's Bodybuilding	Up to & including 80 kg
3	Men's Bodybuilding	Up to & including 90 kg
4	Men's Bodybuilding	Up to & including 100 kg
5	Men's Bodybuilding	Over 100 kg
6	Men's Bodybuilding	OVERALL: 1 PRO CARD
7	Master Men's Bodybuilding 40 - 49 years:	1 open category
8	Master Men's Bodybuilding >50 years:	1 open category
9	Master Men's Bodybuilding	Overall
10	Junior Men's Bodybuilding 16-23 years	Up to 75 kg
11	Junior Men's Bodybuilding 16-23 years	Over 75 kg
12	Junior Men's Bodybuilding	Overall
13	Men's Classic Bodybuilding*	Up to & including 175 cm
14	Men's Classic Bodybuilding*	Over 175 cm
15	Men's Classic Bodybuilding*	OVERALL
16	Masters Classic Bodybuilding >40 years*	1 open category
17	Men's Physique	Up to & including 170 cm
18	Men's Physique	Up to & including 176 cm
19	Men's Physique	Up to & including 182 cm
20	Men's Physique	Over 182 cm
21	Men's Physique	OVERALL: 1 PRO CARD
22	Juniors Men's Physique 15-23 years	1 open category
23	Masters Men's Physique >40 years	1 open category
24	Muscular Men's Physique	1 open category
25	Men's Classic Physique**	1 open category
26	Women's Bodyfitness	Up to & including 163 cm
27	Women's Bodyfitness	Over 163 cm
28	Women's Bodyfitness	OVERALL
29	Master Women's Bodyfitness >35 years	1 Open Category
30	Women's Bikini	Up to & including 160 cm
31	Women's Bikini	Up to & including 164 cm
32	Women's Bikini	Up to & including 169 cm
33	Women's Bikini	Up to & including 172 cm
34	Women's Bikini	Over 172 cm
35	Women's Bikini	OVERALL: 1 PRO CARD
36	Junior Women's Bikini 16-23 years	1 open category
37	Master Women's Bikini >35 years	1 open category
38	Women's Wellness	1 open category
39	Women's Fit Model	1 open category
40	Masters Women's Wellness >35 years	1 open category
41	Women's Physique	1 Open Category



CATEGORIES OPEN AT FITNESS CHALLENGE SILVER STANDARD, EVENT:

No.	DISCIPLINE	CATEGORY	TEAM
1	MEN'S FITNESS CHALLENGE (athletes between the age of 24 and 40)	One open class	unlimited
2	WOMEN'S FITNESS CHALLENGE (athletes between the age of 24 and 35)	One open class	unlimited
3	MASTER MEN'S FITNESS CHALLENGE (athletes +40 years)	One open class	unlimited
4	MASTER WOMEN'S FITNESS CHALLENGE (athletes + 35 years)	One open class	unlimited

CATEGORIES ACCEPTED IN THESE CHAMPIONSHIPS

ACROBATIC FITNESS

Boy's categories:

- Class A: age up to & incl. 7 years
- Class B: 8 - 9 years of age
- Class C: 10 - 11 years of age
- Class D: 12 - 13 years of age
- Class E: 14 - 15 years of age

Girl's categories:

- Class A: age up to & incl. 7 years
- Class B: 8 years of age
- Class C: 9 years of age
- Class D: 10 years of age
- Class E: 11 years of age
- Class F: 12 years of age
- Class G: 13 years of age
- Class H: 14 years of age
- Class I: 15 years of age

CHILDREN'S DANCE FITNESS

Girl's categories:

- a. Class A: age up to & incl. 7 years
- b. Class B: 8-9 years of age
- c. Class C: 10-11 years of age
- d. Class D: 12-13 years of age
- e. Class E: 14-15 years of age

Boy's categories:

- a. Class A: age up to & incl. 10 years
- b. Class B: 11-15 years of age

FITNESS CHALLENGE

FITNESS CHALLENGE MINI GIRLS

Class A: 6-8 years of age

Class B: 9-10 years of age

FITNESS CHALLENGE MINI BOYS

Class A: 6-8 years of age

Class B: 9-10 years of age

FITNESS CHALLENGE GIRLS

Class A: 11-13 years of age

Class B: 14-15 years of age

FITNESS CHALLENGE BOYS

Class A 11-13 years of age

Class B 14-15 years of age

CHILDREN FITNESS TEAMS (3-7 athletes)

CHILDREN'S ARTISTIC FITNESS

Girl's categories:

- a. Class A: age up to & incl. 7 years
- b. Class B: 8-9 years of age
- c. Class C: 10-11 years of age
- d. Class D: 12-13 years of age
- e. Class E: 14-15 years of age

Possible crossovers:

Acrobatic Fitness – Fitness Challenge and/or Fitness Agility

Artistic Fitness – Fitness Challenge and/or Fitness Agility

Dance Fitness – Fitness Challenge and/or Fitness Agility



APOLON 1975



IFBB PRO
CARD

3 IFBB PRO CARDS



IFBB
9TH OPEN BALKAN CUP
— and —
5TH OPEN KID'S FITNESS
GOLD GRAND PRIX
9TH – 11TH MAY 2026
KNJAŽEVAC,
SERBIA